

# Lamorinda schools prepped to handle potential overdose cases

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According to the Center for Disease Control, fentanyl is a synthetic opioid that is up to 50 times stronger than heroin and 100 times stronger than morphine. It is a major contributor to fatal and nonfatal overdoses in the U.S. According to the Federal Drug Enforcement Agency, "Fentanyl is the single deadliest drug threat our nation has ever encountered," said Administrator Anne Milgram. "Fentanyl is everywhere. From large metropolitan areas to rural America, no community is safe from this poison. We must take every opportunity to spread the word to prevent fentanyl-related overdose death and poisonings from claiming scores of American lives every day." A potentially lethal dose of fentanyl is just 2 mg.

According to the CDC, an opioid overdose can cause a person's breathing to be dangerously slowed or stopped, causing brain damage or death. It's important to recognize the signs and act fast, even before emergency workers arrive. On

the Narcan website, it is noted that while brain damage can begin after 4 minutes without breathing, and death can occur in another 4 to 6 minutes, it takes an average of 7 minutes for an ambulance to respond. The CDC also states that naloxone can be given safely to people of all ages, from infants to older adults, including adolescents or young adults who may have unintentionally taken an opioid.

According to the Office of California Governor, last year California seized enough fentanyl to potentially kill the entire population of North America - twice. California has received more than \$100 million as part of the national opioid settlement with multiple major pharmaceutical companies, and the state has been announcing new grants to tackle youth opioid use, including grants to schools.

In the California Legislature, AB 19, introduced by Assembly Member Joe Patterson states that each individual public school operated by a school district, county office of educa-

tion, or charter school shall maintain at least two doses of naloxone hydrochloride or another opioid antagonist on its campus. This is already the practice of area high schools, and local TK-12 districts are also responding.

Orinda Union School District Superintendent Aida Glimme informed parents on Jan. 13 that the district had been notified by their high school partners that a student at Acalanes High School suffered from a fentanyl overdose. "Thanks to their preparation and quick reaction from their staff, the child was administered Narcan, an emergency treatment medication, and medical personnel responded to provide additional support." Glimme added, "Our hearts go out to the child and the family, as well as the staff and students present during this difficult time." Glimme continued, "While an incident like this may be unlikely in a TK-8 district, nonetheless we wanted to let you know that we have Narcan at our middle school and will soon be supplying our elemen-

tary schools with the emergency treatment medication. We have school staff trained in administration of Narcan in a case of overdose."

Lafayette School District Superintendent Brent Stephens informed parents that "although the Lafayette School District has not had an opioid-related incident in our schools, in August of last year, the District enrolled in a program offered by the California Department of Health Care Services to ensure that Narcan is available in our schools, and that all schools have staff trained in its use. The District received the doses just before winter break and our district nurse has been trained. We are currently in the process of training additional staff at each school site. By the first week in February, we will have trained staff at all five schools." He added, "Having Narcan in our school offices is much like having an EpiPen to counteract an allergic reaction

- we view it as a necessary preparation for something we hope will never happen."

Moraga School District Superintendent Julie Parks also told The Lamorinda Weekly that "Moraga has already obtained Narcan for our schools. We are in the process of stockpiling more, but we have had this on campus since October. Our nurse has trained all administrative and office staff. She has created a training video for all staff that will be deployed this month." She added, "We are looking at our health curriculum and ways to develop material for students at Joaquin Moraga Middle School on the dangers of fentanyl." Also, MSD has sent several emails this year to parents and there is information on the District website under health and wellness.

Nickerson said the Lafayette Police Department is investigating the most recent case in an attempt to identify the source of the drug.

Links for more information and training about fentanyl: <https://www.dea.gov/resources/facts-about-fentanyl> <https://youtu.be/GWUK0ToHDsQ> <https://www.narcan.com>

## Letters to the editor

### Vote Yes on Measure Z

My family moved to Orinda over 40 years ago so we could send our children to Orinda's excellent schools. I was proud to give back to this community by serving as mayor and on the school board. My son now serves on the Acalanes High School District Board of Education. The level of funding Orinda schools receive from the State ranks among the lowest out of over 1,000 California school districts. We have been able to sustain our excellent schools despite inadequate state funding through exceptional volunteerism in our schools, strong local fundraising and the generosity of the community.

However, inadequate state funding is having a detrimental impact on our schools as more and more of our talented teachers leave for other school districts offering more competitive compensation. It's no secret that having a qualified and experienced teacher in the classroom is the most important element of a quality education.

While I no longer have children in Orinda schools, I am enthusiastically supporting Measure Z to provide locally controlled funding that must stay here in Orinda to attract and re-

tain excellent teachers, support quality academic programs and maintain manageable class sizes.

Measure Z includes strict fiscal accountability protections to ensure funds are spent properly. No funds can be used for administrator salaries and an independent citizens' oversight committee will monitor all spending. Measure Z automatically expires in seven years and cannot be renewed without voter approval. An optional exemption is available for senior citizens on fixed incomes who feel they cannot afford the cost.

Measure Z requires 66.7% support to pass, so we need Orinda to once again come together to support our students, our teachers and our schools! Even if you're like me and no longer have school-age children, please join me and vote Yes on Z by March 7.

Sue Severson  
44 Year Orinda Resident, Former Mayor and OUSD Board Member

### Teacher compensation and Measure Z

I have taught in Orinda schools for the past 25 years and I am also the proud parent of a 6th grader at OIS and a 4th grader at Wagner Ranch. Like

many of us, I moved back here for Orinda's world class schools. However, I am increasingly seeing outstanding teachers leaving our school district for more competitive compensation in other school districts. I know Orinda teachers who have second or even third jobs and commute from faraway because they cannot afford to live nearby. The level of state funding Orinda receives is among the lowest in California and our schools are struggling to compete for the talented teachers that are essential for delivering quality education.

In the coming weeks we have an opportunity to ensure Orinda can attract and retain great teachers, support quality core academic instruction and keep class sizes manageable by voting Yes on Measure Z by March 7. Measure Z provides locally controlled funding directly to Orinda's elementary schools and intermediate school to make our schools less dependent on Sacramento for funding.

We can't expect the outstanding quality of our local schools to continue at the level we've come to expect if we keep losing talented teachers to schools in other communities. Please join Orinda parents, teachers, elected leaders and

many others in voting Yes on Z by March 7.  
Leslie Millstone  
25-Year Orinda Teacher and OUSD Parent

### Help teachers with Yes vote on Measure Z

As a local realtor, I can assure readers that the No. 1 reason families move to Lamorinda is for our highly rated public schools. The quality of our schools is inextricably linked to buyer demand for homes, and thus our strong property values. Current Orinda homeowners - even those without students enrolled - should take school quality seriously and vote YES on Measure Z to improve teacher salaries and keep our schools on the "excellent" list.

Readers may not know that Orinda schools are almost DEAD LAST in California in terms of state funding. Because of this, OUSD teacher salaries are no

longer competitive. Orinda is losing experienced educators to nearby districts with higher pay, and this will erode the quality of our schools in time.

If passed by voters, funds from Measure Z will raise salaries to keep great teachers in Orinda. Voters in Moraga, Lafayette, Walnut Creek and Piedmont have passed similar measures, and I hope Orinda will show the same support for our educators and students.

Like everyone, I don't like it when a new line item appears on our property tax bill, but Measure Z is more than a tax - it is an investment in our children, our teachers, our community and also our property values for years to come.

Please join me in voting YES on Z before March 7.  
Hillary Murphy  
Local Realtor, ONE Platinum Sponsor and OUSD Parent

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## Locals utilize simple approaches to save water table

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Pipes connect the two huge drums together; overflow is directed to an already-existing underground pipe connected to their sewer system.

Ellen Beans estimates that it would take about 10 hours to empty both drums using an ordinary garden hose. "I'm under no illusion that we'll have water for the summer," she notes, "but we should be able to deeply water our trees and shrubs in the spring and even return some water to the water table." She'll

use a hose connected to the drums to water most of her front and back gardens.

Larry Beans reports that they have the option of tying the harvested water to their irrigation system as well as the possibility of having it piped into their house. "It felt like a really good investment because there are so many opportunities for additional uses," he said. "It's also an investment in our environment."

Ellen Beans adds that she's very glad they started with the 50-gallon barrels. "We learned

so much starting off small," she declares.

Bobbie Preston, another longtime Moraga resident, has been harvesting rainwater for several years. But while the Beans' system is large, costly and sophisticated, Preston uses nine 33-gallon garbage cans with lids (to prevent mosquito breeding, she explains) and non-perforated drainage tubes hooked to the downspouts to harvest water off her roof; a sump pump connected to a hose pumps the water into her garden.

"This provides enough runoff for me to water the entire front yard and most of the back," Preston says. "It is by far the lowest tech, least convenient system but it's also the least costly and easiest to do," she states. "In fact," she adds with a smile, "the garbage cans are the most expensive part of the process."

The downside of this system, Preston admits, "is having to go out in the rain to switch the drainage tubes from a full to an empty barrel."

Like the Beans, Preston is

an avid conservationist. She says the water table in Moraga is sinking substantially and groundwater everywhere is decreasing. "We need to save the water table and not waste water," she emphatically states.

Preston's main impetus for collecting rainwater is a belief that we're going to have drought conditions for a long time. And perhaps even more significant, she says, "The idea of useful water going down the drain and having to be treated along with sewage water when we could be using it just offends me."

## Public Safety

**Emergency response:**  
Emergency: 24 Hours 911  
Police Dispatch: 24 Hours  
925-284-5010  
Nixle: Text your zip code to 888777 or go to [www.nixle.com](http://www.nixle.com)  
**Lafayette Police Department:**  
3471 Mt. Diablo Blvd. 925-283-3680  
Chief of Police, Ben Alldritt  
925-299-3221  
Police Department Tip Line  
94549Tip@gmail.com  
Police Department Traffic Issues  
94549Traffic@gmail.com  
**Moraga Police Department:**  
329 Rheem Blvd., 925-888-7055  
Chief of Police, Jon King ext. 7049  
**Orinda Police Department:**  
22 Orinda Way 925-254-6820  
Chief of Police, Ryan Sullivan  
925-254-6820  
Orindatip@cityoforinda.org

**Lafayette Police Department Incident Summary Report**  
**Jan. 8 - Jan. 21**  
Alarms 45  
911 Calls (includes hang-ups) 95  
Traffic 32  
Suspicious Circumstances 9  
Suspicious Subject 7



Suspicious Vehicle 9  
Service to Citizen 32  
Patrol Req./Security Check 19  
Public/School Assembly Check 7  
Supplemental Report 26  
Vacation House Check 12  
Welfare Check 17  
Ordinance Violation 0  
**Vehicle violations**  
Auto Burglary  
Olympic Blvd./Reliez Station Rd. 3600 Block Mt. Diablo Blvd. 10 Block Del Rey Ct. 1000 Block Carol Ln.  
Hit And Run Felony Golden Gate Way/1St St.  
Hit And Run Misdemeanor Mt. Diablo Blvd./Dewing Ave. 600 Block Lucas Dr. 400 Block Read Dr. Deer Hill Rd./Brown Ave. Reliez Station Rd./Glenside Dr. 1200 Block Pleasant Hill Rd. 4000 Block Woodside Ct. 3500 Block Mt. Diablo Blvd.  
Reckless Driving Upper Happy Valley Rd./El Nido Ranch Rd. School St./Moraga Rd. Deer Hill Rd./Pleasant Hill Rd. Pleasant Hill Rd./Wb Sr 24 Glenside Dr./Michael Ln. Pleasant Hill Rd./Springhill Rd. 1200 Block Pleasant Hill Rd. 3400 Block Mt. Diablo Blvd.  
Tc - Property Damage Pleasant Hill Rd./Shulgin Rd. 3700 Block Mt. Diablo Blvd. Pleasant Hill Rd./Old Tunnel Rd.  
**Other criminal activity**  
Fraud Credit Card

50 Block Lucas Ranch Rd. 3300 Block Ridge Rd.  
Grand Theft Veh Parts 1200 Block Sunset Lp. 800 Block Revere Rd.  
Identity Theft 20 Block Hidden Valley Rd. 3300 Block Orchard Valley Ln. Police Department (2) 900 Block Mountain View Dr. 1000 Block Oak Hill Rd. 3200 Block Helen Ln. 3800 Block Happy Valley Rd.  
Petty Theft 200 Block Lafayette Cir. 1000 Block Katherine Ln. Police Department  
Petty Theft From Veh 1000 Block Woodbury Rd. 3300 Block Woodland Way  
Petty Theft Veh Parts 3600 Block Brook St. 40 Block Knox Dr.  
Residential Burglary 10 Block White Oak Dr.  
Shoplift 3200 Block Mt. Diablo Blvd. 3600 Block Mt. Diablo Blvd. (2) 3500 Block Golden Gate Way  
Stolen Vehicle Recovery 3600 Block Mt. Diablo Blvd.  
**Nuisance to the Community**  
Disturbance-domestic 3200 Block Mt. Diablo Ct. 1000 Block Carol Ln.  
Disturbing The Peace 3500 Block Mt. Diablo Blvd. (2) 3500 Block Moraga Blvd.  
Loud Music 300 Block Read Dr.  
Loud Noise

3600 Block Walnut St. 3700 Block Mt. Diablo Blvd. Deer Hill Rd./Orchard Rd. Public Nuisance 3500 Block Mt. Diablo Blvd. (2)  
**Other**  
Defraud Innkeeper H&S Violation Greenvalley Dr./Pleasant Hill Rd. Prowler Heard 1000 Block Buchan Dr. Threats 3400 Block Springhill Ct. 3200 Block Rohrer Dr. Trespass W/ Vehicle 1100 Block Via Media Unwanted Guest 3600 Block Mt. Diablo Blvd. 3600 Block Deerhill Rd. 3500 Block Mt. Diablo Blvd. Violation Custody Order 1000 Block 2Nd St. 900 Block Moraga Rd. Violation Restraining Order 3300 Block Kim Rd.



**Orinda Police Department Incident Summary Report**  
**Jan. 8 - Jan. 14**  
Alarms 24  
911 Calls (includes hang-ups) 9  
Traffic 28  
Suspicious Circumstances 0

Suspicious Subject 1  
Suspicious Vehicle 2  
Service to Citizen 34  
Patrol Req./Security Check 12  
Public/School Assembly Check 0  
Supplemental Report 7  
Vacation House Check 0  
Welfare Check 5  
Ordinance Violation 0  
**Vehicle violations**  
Accident Property Moraga Way/Hall Dr. Rheem Blvd./Glorietta Blvd.  
Dui Misd 10 Block Soule Rd.  
Reckless Driving No House Number Camino Pablo/Eb Sr 24  
**Other criminal activity**  
Grand Theft Theatre Square  
Petty Theft 20 Block West Hill Way Police Department Camino Pablo 60 Block Moraga Way Robbery Strongarm Moraga Way Warrant Arrest Orinda Way  
**Nuisance to the Community**  
Public Nuisance Manzanita Dr./Acacia Dr. (2)  
**Other**  
Loitering 10 Block Orinda Way Possession Of Stolen Prop 90 Block La Cuesta Rd.